

u3a Name: Bracknell Forest u3a



Date: March 2024



## **VENUE-BASED RISK ASSESSMENT CHECKLIST**

Name of person comple	eting risk assessment checklist: Lorraine Abigai	l Walker
Interest Group: Relax w	ith Meditation x 4	
<b>Description of Activity:</b>	Seated and guided meditation at Bullbrook con	nmunity centre

This checklist is to help in the planning for a venue-based activity, such as a community hall. This isn't an exhaustive list, so think carefully about any specific risks you may encounter. It is likely that you will need to add to this risk assessment checklist. This form can (and should) be altered to suit specific activity requirements.

Where you identify a particular risk you should note the actions you will take to reduce it. It's important to carry out a risk assessment before the activity takes place, and you can always add to this during the activity.

	Risk Assessment Checklist	Yes	No	N/A	If no, what actions will you take to mitigate this risk?
General	Is the area where the u3a activity is taking place in well lit and away from any hazards?	<b>✓</b>			
	Are floor surfaces in good condition to prevent slips, trips, and falls?	<b>✓</b>			The floor has to be checked at start of meeting and swept when necessary.
	Are all walkways kept clear and free from obstruction?	✓			
	Are there enough seats for all members in attendance?	<b>✓</b>			
	Has a register of members in attendance been taken for fire safety reasons?	<b>✓</b>			
Electrical	Have you made sure there are no trailing leads or cables?	<b>✓</b>			







	Is the use of socket adapters (e.g., extension leads) per socket kept to an absolute minimum to prevent overloading?	<b>✓</b>		
	Have all cables been inspected to ensure they are intact and safe for use?	✓		
	If the venue requires PAT testing, has equipment been PAT tested?		✓	Venue is responsible for equipment
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Fire Safety	Are all fire exit and escape routes, fire alarm points and fire-fighting equipment clearly visible, unobstructed and appropriately indicated?	<b>✓</b>		Venue is responsible for this and equipment.
	Have members been informed of safety procedures, including where to congregate in the event of a fire alarm?	<b>✓</b>		Mentioned at the start of the meeting
	Is there a working smoke alarm?	<b>✓</b>		Venue has responsibility
	Is there a working carbon monoxide alarm?			
	Are all smoke and fire stop doors kept closed when not in use, and never wedged open (except doors on magnetic catches linked to the fire alarm system)?	✓		
	Are appropriate procedures in place to assist disabled members who may be present during a fire evacuation?	✓		
Equipment	Do you have a lockable and secure area to store u3a equipment, if applicable?		✓	
Wellbeing	Are refreshments available to members? (e.g., water, tea)		✓	Members bring their own refreshments
	Is there a first aid box that is checked regularly and has been stocked?	<b>✓</b>		







Other identified risks:	What will you do to mitigate these risks?			
Members health	Members are advised to bring with them any			
	medications, including inhalers that they need.			

u3a	Venue Based Risk Assessment Checklist	Т	he Third Age Trust
Version	Description of changes	Date of change	Review date
1.0	Original Checklist	12.09.2022	12.09.2023