

Healthmakers

The following 6 week courses are available to everyone living in Windsor, Ascot, Maidenhead, Slough & Bracknell and the surrounding areas:

BRACKNELL

Venue: Bracknell Open Learning Centre, Rectory Lane, Bracknell RG12 7GR

Date: Commencing Tuesday 30th April 2019

Time: 5.30pm – 8.30pm

Venue: Bracknell Open Learning Centre, Rectory Lane, Bracknell RG12 7GR

Date: Commencing Tuesday 18th June 2019

Time: 1.00pm – 4.00pm

SLOUGH

Venue: Langley Pavilion Community Centre, Langley Road, Slough SL3 8BS

Date: Commencing Wednesday 1st May 2019

Time: 1.00pm – 4.00pm

Venue: Slough Aspire, 350 Edinburgh Avenue, Slough Trading Estate, Slough SL1 4TU

Date: Commencing Monday 17th June 2019

Time: 5.30pm – 8.30pm

WINDSOR

Venue: Windsor Youth and Community Centre, Alma Road, Windsor SL4 3HD

Date: Commencing Thursday 2nd May 2019

Time: 1.00pm – 4.00pm

Venue: Windsor Youth and Community Centre, Alma Road, Windsor SL4 3HD

Date: Commencing Wednesday 19th June 2019

Time: 1.00pm – 4.00pm

To book a place on one of these courses, you can either follow this link to our website

<https://www.berkshirehealthcare.nhs.uk/HealthMakers/>

or email HealthMakers@berkshire.nhs.uk with the following information:

- Which session and location you are interested in:
- Your full name / Name of attendee:
- Home address:
- Contact phone number:
- GP Practice:
- DOB:
- NHS number:
- Are you happy to accept text reminders?
- Can we leave a message?
- Please state your long term physical health condition:
- Do you have any disabilities or special requirements that we need to be aware of?
- Where did you hear about HealthMakers?